



### **Course Description**

**DAA1104 | Modern I | 2 credits**

### **Course Competencies**

#### **Competency 1:**

The student will combine movements into phrases using movement vocabulary at the beginning level:

- Develop coordination and strength to support these movements and phrases
- Analyze movement sequences and successfully perform them
- Apply principles of alignment, breath, and spatial orientation to new movement sequences

#### **Learning Outcomes**

- Demonstrate an appreciation for aesthetics and creative activities
- Cultural / Global Perspective

#### **Competency 2:**

The student will continue to acquire an awareness of body alignment and placement related to physical movement at a beginning level of study:

- Develop an intellectual understanding of alignment and placement in movement
- Implement this understanding physically
- Develop an understanding of how to apply principles of alignment and placement to increasingly challenging and/or complex movement sequences.

#### **Learning Outcomes**

- Critical Thinking

#### **Competency 3:**

The student will integrate the use of weight, dynamics, physicality, and movement quality related to a beginning level of study:

- Develop an intellectual understanding of weight, dynamics, physicality, and movement quality
- Implement this understanding physically
- Develop an understanding of how to use weight, dynamics, physicality, and movement quality in increasingly challenging and/or complex movement sequences.
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#### **Learning Outcomes**

- Demonstrate an appreciation for aesthetics and creative activities